NAS. Nursing Assistant

NAS-101 Nurse Aide I
Class 3  Lab 4  Clinical 3  Work 0  Credit 6
This course includes basic nursing skills required to provide safe, competent personal care for individuals. Emphasis is placed on person-centered care, the aging process, communication, safety/emergencies, infection prevention, legal and ethical issues, vital signs, height and weight measurements, elimination, nutrition, basic restorative care/rehabilitation, dementia, mental health and end-of-life care. Upon completion, students should be able to demonstrate knowledge and skills and be eligible to test for listing on the North Carolina Nurse Aide I Registry.
Minimum State Prerequisites: None
Minimum State Corequisites: None

NAS-102 Nurse Aide II
Class 3  Lab 2  Clinical 6  Work 0  Credit 6
This course provides training in Nurse Aide II tasks. Emphasis is placed on the role of the Nurse Aide II, sterile technique and specific tasks such as urinary catheterization, wound care, respiratory procedures, ostomy care, peripheral IV assistive activities, and alternative feeding methods. Upon completion, students should be able to demonstrate knowledge and skills and safe performance of skills necessary to be eligible for listing on the North Carolina Nurse Aide II Registry.
Minimum State Prerequisites: None
Minimum State Corequisites: None

NAS-103 Home Health Care Nurse Aide
Class 4  Lab 4  Clinical 0  Work 0  Credit 6
This course provides advanced training for the currently listed Nurse Aide I enhancing specific skills needed when working in the home care setting. Topics include person-centered care, nutrition, hydration, patient and personal safety, mental health, dementia, behavioral challenges, pain management, palliative care, and stress management. Upon completion, students are eligible for listing as a home care nurse aide with the North Carolina Nurse Aide Registry.
Minimum State Prerequisites: None
Minimum State Corequisites: None

NAS-106 Geriatric Aide
Class 5  Lab 0  Clinical 3  Work 0  Credit 6
This course is designed to enhance the knowledge of the Nurse Aide I providing care to the aging population. Emphasis is placed on the person-centered care, stress management, health promotion, dementia/challenging behaviors, mental health issues, and end-of-life/palliative care. Upon completion, students should be able to demonstrate knowledge and provide safe care for the aging population and are eligible to be listed on the North Carolina Geriatric Nurse Aide registry.
Minimum State Prerequisites: None
Minimum State Corequisites: None